



CERTIFICATE

Scandinavian International University
Skandinaviska Ledarhögskolan

IS PROUD TO ANNOUNCE THAT

Pernilla Elving

has fulfilled all the criteria in order to be certified
as Mental Training Practitioner, and therefore has the right to the title

CERTIFIED
MENTAL TRAINING PRACTITIONER

A certified Mental Training Practitioner has successfully passed the course;

"Personal development through Mental Training"

A one year distance education, that contains;
48 hours of lectures, 32 books and 185 programs for daily training.
The course corresponds to 30 ECTS ("Bologna University points")

Örebro, Sweden, 11 Januari, 2016

LARS-ERIC UNESTÅHL, PH.D.
PRESIDENT SIU/SLH